



## **Risk Benefit Analysis**

Low Risk - LR	Something which may result in minor damage or slight harm (i.e. scratch or bruise)			
Medium Risk - MR	Something which may result in a significant loss/damage or major injury (broken bone or other injury which results in person taken to hospital for treatment)			
High Risk - HR	Something which may result in extensive damage, multiple major injuries or death			

Date:	Address + Grid Reference + Any additional directions	
Group Size Total: Children: Adults:		
Activity:		
Group Leader and Facilitator:	Emergency Procedure	
	General Meet Point:	Fire:
Group Leader Mobile:	Emergency:	Child Safety:

Potential Risky Activity	What Might Happen?	Potential Level of Risk	How we make it safer	Level of Risk After Controls	Does the Benefit Outway the Risk?	Responsibility of attendee
Using Sharp Handtools	Cuts, scrapes	MR	-Supervised practise -Blade covers -Sitting required with knives with safe distance from others(blood bubble) -Standing stationary with other tools with safe distance from others -Safe storage and Maintenance -Small groups	LR	-Develop fine motor skills -Understand safe use of tools -Teamwork -Managing own risks	-To listen to safety talks -Awareness of others -Practise within own boundaries -Ask when needing more instruction or help -Voice concerns and suggestions
Camp Fire Lighting	Burn	HR	-Clear instructions for safety -Small groups -Supervised practise -Bucket of water -Safe storage of equipment	LR	-Instruction on heat triangle -Managing own risk -Teamwork -Determination and resilience	-As above -Check for water bucket before lighting -Safely store lighting equipment -Use discernment with conditions
Climbing Trees	Fall	MR	-Safety checks -Supervise first climb -Clear rules regarding heights e.g. tree limbs size of body limbs and distance from others -Encouragement with teamwork, helping and supporting each other	LR	-Motor skills -Personal Physical capability checks -Growth of confidence and self esteem -Determination and resilience	-Ask for a first climb check from adult -Check safety of limbs and tree -3 points of contact at all times -Ask for help if needed -Recognise own boundaries and climbing ability
Slippery Ground -running/walking on during activities	Fall, slip, tumble	MR	-Checks for conditions -Discuss conditions with clear safety instructions on walking areas and running areas	LR	-Motor skills -Personal Physical capability checks -Growth of confidence and self esteem -Determination and resilience	-Have suitable footwear if needed -Check ground before running -If unsure check with facilitator
River	-Trouble in Current -Submerged object intercept -Slip on bank -Bridge fall -Cold body	HR	-Discuss conditions and hazards -Clear instructions -Create boundaries suitable for conditions -Teamwork to support each other with safety decisions Suitable swimming wear, wetsuit?	MR	-Improve swimming -Motor Skills -Managing own risk alongside adult supervision -Health Benefits of swimming -Growth of confidence and self esteem -Determination and resilience	-To listen to safety talks especially on weather conditions -Understand swimming capabilities -Awareness of others -Practise within own boundaries -Ask when needing more instruction or help -Voice concerns

						and suggestions
Ocean	-Trouble in Current -Trouble in Rip -Waves -Submerged object intercept -Cold body -Aquatic life	HR	-Discuss conditions and hazards -Clear instructions -Create boundaries suitable for conditions -Teamwork to support each other with safety decisions Suitable swimming wear, wetsuit?	MR	-Improve swimming and navigating waves and tides -Motor Skills -Managing own risk alongside adult supervision -Health Benefits of swimming -Growth of confidence and self esteem -Determination and resilience	-To listen to safety talks especially on weather conditions -Understand swimming capabilities -Awareness of others -Practise within own boundaries -Ask when needing more instruction or help -Voice concerns and suggestions
Poisonous Plants	Sting Allergy	MR	-Learn about local plants and identify them -Learn how to avoid these plants -Have soap water or rubbing alcohol to immediately wash skin to avoid stinging	LR	-Accurate plant identification -Knowledge on effects of poisonous plants -Treatment plan	-Always bring awareness to allergies to all participants so there is support if required -Learn poisonous plants
Sunburn	Burn	MR	-Know weather conditions -Wear suitable clothing hat and long sleeves -sunscreen if necessary -Wetsuit for swimming	LR	-Sun exposure boosts vitamin D health which is good for immune function and bone health -Sun exposure is good for mood and positive energy	-Understand your individual sun exposure limits -Understand skin type Put on hat, sunscreen, long sleeves in a timely manner -Let facilitators know if reminders are needed
Insect Bites	Bites Allergy	MR	-Learn about local insects and what prevents them biting -Make our own insect repellant	LR	-Occasionally insect bites leads to immunity or resistance but usually there is no benefit -Knowledge of most effective insect repellant	-Know one's allergies and bring awareness to participants in case support is required. -Have personal remedies or repellants if needed. Ask and know where group remedies or repellents are if required.